Name :	 		
Date :_	 		

## <u>Skiing</u>

Skiing is one of the most popular sports in the world. According to recent estimates, about one hundred million people ski regularly or occasionally.

Sliding across the snow on skis is also one of the most ancient methods of transport known to man. It has been demonstrated that men were already travelling across the snow by means of primitive skis before the invention of the wheel. In the Asiatic region of Altai and in Scandinavia, for example, the remains of skis have been found which date back to 4000 BC. Further evidence is supplied by ancient cave paintings which depict people skiing, and a Norwegian legend which tells the story of an invasion of its territory 8000 years ago by a tribe of skiers who came from the north.

Nowadays, skiing, apart from being a sport, has become a big industry and a notable feature of leisure culture. Ski resorts and all the activity that they generate are the main source of wealth in many mountain regions, which were previously remote and inaccessible. Far from its once snobbish image, skiing is now enjoyed by everyone.

## <u>Questions</u>

1. How do we know that primitive men used skis to travel across the snow? \_\_\_\_\_

- 2. True or false.
  - a. Primitve skis were invented before the wheel. \_\_\_\_\_
  - b. You need to have a lot of money to go skiing.

3. Find a synonym for the following words: (You may need to use a dictionary)

a. principal: \_\_\_\_\_ b. wider: \_\_\_\_\_

c. tribe: \_\_\_\_\_ d. region: \_\_\_\_\_

4. Sliding across the snow on skis...

- a. is the most ancient method of transport.
- b. is the most popular means of transport.
- c. is one of the oldest forms of transport.
- 5. It has been demonstrated that...
  - a. people from Altai invented skis.
  - b. people travelled across the snow on skis from 4000 BC.
  - c. skiing was the most popular sport from 2000 and 4000BC.
- 6. Nowadays, skiing...
  - a. is a cultural tradition
  - b. is just a sport
  - c. is an important part of leisure culture.

7. At present, this sport...

a. is open to everyone.

b. has a snobbish character

c. is only accessible for certain members of society

8. Choose one of the following topics and write about it. (Fill in the rest of the page, single spaced.)

<u>Topic 1:</u> Write a letter to a friend about an incident that happened to you in the snow or while you were sliding, skiing or snowboarding.

<u>Topic 2:</u> Write about your favourite winter activity and why?